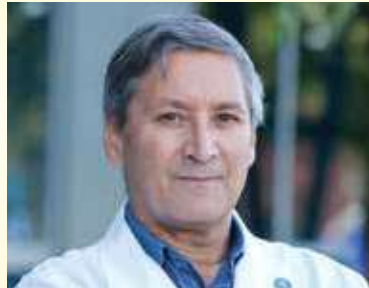


It's **REAL EASY** to trim down after lockdown

Our experts tell you how (see pg 3–7 for details)



KARLENE KARST,
BSc Nutrition



MICHAEL R. LYON, MD



GAETANO MORELLO, ND



KATHY SMITH,
Personal trainer

Calm down, stress less, and sleep better!

28⁹⁷

250 vcaps

14⁹⁷

120 g powder



14⁹⁷

60 vcaps



21⁴⁷

60 chewable
tablets



53⁴⁷

80 vcaps



Finally! A High-Potency

VITAMIN D3
2500 IU

from Natural Factors

11⁹⁷

360 softgels



FLYER SALE ENDS SEPT 30, 2021.

BRAIN FOG, LOW ENERGY, always tired?

regenerLife™
increases mitochondrial energy



Reduces
symptoms
of fatigue



Helps improve
strength
and power



Helps maintain
cognitive health
and brain function

Poor mitochondrial function is the foundation of all chronic health issues – fibromyalgia, chronic fatigue syndrome, heart and lung disease, and neurodegenerative diseases like Alzheimer's and Parkinson's, to name a few. If you've ever experienced chronic brain fog, fatigue, pain, anxiety, depression, high-cortisol levels due to stress, or an inability to lose weight, then you might be experiencing mitochondrial dysfunction.

What are mitochondria? Mitochondria are membrane-bound organelles present in almost all our cells. They are referred to as “the powerhouse” of our cells because they play a large role in providing us with most of the energy we need to go about our daily lives.

SALE
49⁹⁷

81 g powder



TRIMMING DOWN during lockdown worked for me!

But for most, trimming down excess weight gain after lockdown is even better.

Last December, during all the craziness of the virus, I decided to take advantage of the lockdown to trim down. Over the last 30 years I had gained over 40 pounds, and for the most part just wasn't feeling good. Over time our metabolism adjusts to balance our weight gain, but our blood sugar, blood pressure, energy, and anxiety levels suffer.

I wanted healthy weight loss, so my goal was to lose a slow, easy, five pounds a month. What was so surprising to me was how easy it was and how quickly I started feeling better and better.

You may wonder, what did I do?

I avoided everything white – sugar and starch (potato, rice, and flour).

The key was to follow studies and apply what's been proven to be 100% effective to maintain healthy weight for life: using

proper, high-quality vegan or whey protein meal replacements.

For me, I simply mixed a meal replacement in a glass of water with my fork. It was so quick and easy!

I did this to replace two meals a day, and dinner would usually be stir-fried vegetables with a protein, such as tofu, fish, or chicken. After six months I had lost 30 pounds.

I still use meal replacements, but I am not as strict. I want to stay within approximately five pounds of my current weight, and I've had no problem maintaining this. What changes did I see?

My blood sugar was normal, my blood pressure was excellent, and I was feeling great! I was even taking uphill walks with my wife every evening and was feeling so good that I started jumping and skipping around her. I felt so much lighter on my feet that she kept

asking me, “What's gotten into you?” I was simply feeling so good! A benefit from losing the pounds!

It may sound like I was really strict, but I really wasn't. I loved to go to my favourite Mexican restaurant for lunch, but I simply avoided the corn chips and flour/corn tortillas. I would then just have a meal replacement for dinner. When I did this, I slept very well, felt incredible when

I woke up, and enjoyed having my coffee with no cream.

On most nights I even enjoyed one glass of wine, which still allowed me to stay within the calories I needed to maintain my weight loss. If it worked for me, I am certain it will work for you. Can you imagine how easy it'll be if you only want to trim down 10 or 15 pounds?

Replacing one or two meals per day with a meal replacement can get you where you want to be!





KARLENE KARST, BSc Nutrition

Karlene Karst holds a BSc in Nutrition and is the founder of the Sea-licious® line of products. She is a mom of three active kids, an avid food and recipe creator, and an author. In her latest cookbook, *This Kitchen Is for Dancing*, Karlene shares 100 delectable, health-conscious recipes.

Common diet myths... True or False

1 All calories are created equal.

FALSE. Your body handles different sources of nutrition differently and will metabolize nutrients in different ways. For example, calorie- and nutrient-dense foods, such as salmon, avocados, and olives, can actually increase metabolism and be part of a healthy weight-loss diet. On the other hand, refined carbohydrate foods with the same number of calories can do the opposite and contribute to weight gain.

2 Calorie-restricted diets will help you lose weight.

TRUE AND FALSE. It is true that reducing your daily calorie intake will help you lose weight. However, low-calorie diets can be very difficult to maintain, especially if you feel hungry and tired. This could result in binge eating, yo-yo weight, and reduced metabolism.

42.3% of Canadians have gained some weight since the start of the pandemic, and 37.3% have gained 6–10 pounds.

The internet is full of FAD DIETS promising quick weight loss; however, people who lose about 1–2 pounds per week are more successful at keeping it off.

3 Can meal replacement shakes be an effective tool in weight-loss management?

The best approach is to minimize sugar and refined carbohydrates, and keep the diet focus on protein, fibre, and healthy fats.

TRUE. Meal replacement shakes are formulated to provide the body with the right balance of calories from carbohydrates, protein, and fat. Consuming them 1–2 times per day will help jumpstart metabolism, balance blood sugar to normal levels, and keep you feeling satisfied and full. RealEasy™ with PGX® Meal Replacement shake is a convenient low-calorie solution to help your body lose weight in a healthy way without sacrifice.

Only **8.8%** of Canadians said they were able to **manage meal times properly**, while **32.5%** said they were able to most of the time.

Meal replacements work!

Why are some people hesitant to follow a meal replacement diet? Because they think of meal replacements as something unnatural, like unhealthy processed foods.

Here is why this is a mistake.

Highly processed foods are unhealthy because they tend to be mostly empty calories (lots of calories and very little good nutrition). Meal replacements, on the other hand, are formulated foods that contain almost nothing except nutrition with ingredients that are balanced to form a complete meal. This is one of the main reasons you feel so healthy, energized, and satisfied when you reduce calories

by consuming meal replacements. Using meal replacements for weight loss might sound a bit boring or monotonous, but that might be one of the reasons they work so well! Brain scientists have discovered that when dieters use meal replacements to reduce calories, brain regions that control cravings are quieter, and brain regions associated with self-control are stronger than when dieters eat regular foods while reducing calories. When you consume meal replacements regularly, the relative monotony of the diet is one of the reasons it is really easy to stay on the diet and lose weight successfully. While you are on a meal replacement diet, your food cravings are significantly reduced and you feel quite healthy and satisfied.



MICHAEL R. LYON, MD

Dr. Lyon is a clinical lecturer in the UBC Faculty of Medicine, Dept. of Family Practice. He served for several years as an adjunct professor with the UBC Food, Nutrition, and Health Program. He is board certified in the field of Obesity Medicine through the American Board of Obesity Medicine. He is the medical director for the Medical Weight Management Program at the Obesity Medicine and Diabetes Institute. He has been involved in clinical research for several decades and he has special interest in the scientific study of nutrition and natural health products. He served for four years on the Expert Advisory Committee for Health Canada's Natural Health Products Directorate.

Whether you're looking to lose 10, 20, or even 30 pounds, you must burn more calories than you consume. RealEasy Meal Replacements make it real easy!

The most significant personal pandemic stressor has been self-isolation. **53% of women** admitted to stress-eating during the pandemic, versus **47.1% for men.**

High-Quality Protein A Game Changer

As a naturopathic physician working in a hospital setting, the focus of my work has been utilizing my scientific research knowledge and clinical experience to direct patients to outcome-based nutritional supplementation.

The nutritional product is a meal replacement that is simply “easy” to take. My recommendation is to use this product every morning for breakfast and for trimming down. Patients feel more energy and clarity, and an overall feeling of well-being is often reported. It truly is what can be called a game changer!

If you think about it, you will realize that protein is truly a key foundational element to overall health. It regulates blood sugar (without spiking insulin), offers support for your adrenal glands, provides the building blocks to make immunoglobulins to support immune function, and so much more.

Make sure you find a high-quality meal replacement manufactured with the highest quality standards. In the nutritional world, brands make a big difference, so make sure you buy a real easy, high-quality whey or vegan meal replacement from a recognized brand that adheres to quality assurance.



GAETANO MORELLO, ND

Dr. Gaetano Morello is a published author and licensed naturopathic physician. Recently he has been appointed as a clinician at the newly created Complex Chronic Disease Program located at BC Women's Hospital in Vancouver. He is the first naturopathic doctor to hold such a position at a major North American hospital.

**SALE
49⁹⁷**

powder
Vanilla, Chocolate,
and Strawberry
flavours



“I love this product. It’s the best-tasting protein shake I’ve ever had, and leaves you feeling full for hours. Taking one for breakfast and one for lunch has allowed me to lose much weight.”

RealEasy Whey Meal Replacement is one of the best sources of protein and has the highest “biological value,” which is a measurement of how usable the protein is in the body.

WHEY

“I am down by 27 lb in 50 days. I use it for breakfast but sometimes dinner when I am feeling a little ‘less than full.’ I am planning on another 13 lb, then I am done.”

RealEasy is Right for You!

RealEasy Meal Replacements are clinically proven to be a completely safe, natural, and highly effective way to achieve and maintain your weight loss goals. RealEasy Meal Replacement shakes will greatly diminish appetite so you will eat less, making weight loss almost effortless.

- ➞ Allows an average weight loss of 15.6 lb over a 2–3 month period
- ➞ Decreases waist circumference by an average of 3–4 inches
- ➞ Reduces cravings and curbs appetite
- ➞ Balances and helps regulate blood sugar

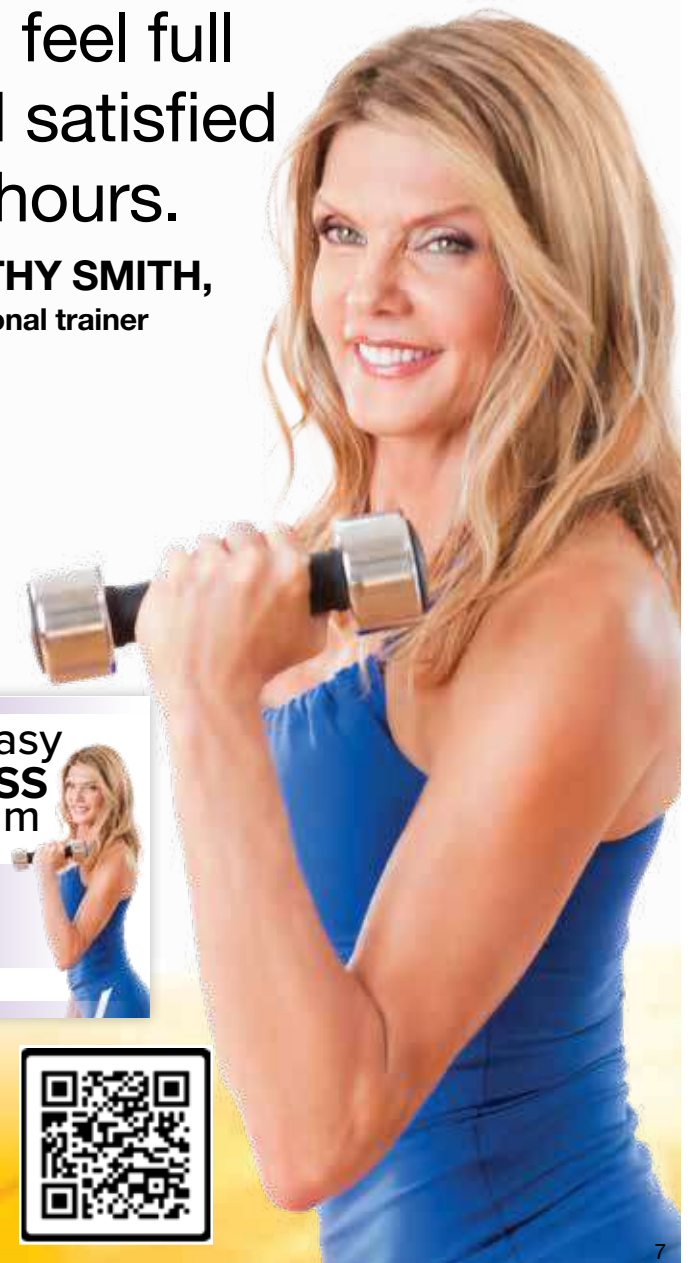
VEGAN



RealEasy Vegan formula is a great alternative for those on a plant-based diet or who may have dietary restrictions, allergies, or sensitivities to lactose.

I love PGX® in a meal replacement. It helps you feel full and satisfied for hours.

– KATHY SMITH,
Personal trainer



**Real Easy
FITNESS
Program**

with
**KATHY
SMITH**

**SALE
49⁹⁷**

powder
Vanilla or Chocolate
flavours

Scan QR
code for
Kathy’s
fitness
program



BIG FUN WITH BIG FRIENDS

BIG FRIENDS QUALITY SUPPLEMENTS

ONLY AT NATURAL SUPPLEMENTS STORES

SALE
14⁹⁷
box

Look inside the special edition **Children's Surprise Fun Box**. Find delicious, chewable **Multivitamins & Minerals** with meaningful amounts of nutrients, as well as chewable **Vitamin D3**. Discover fun games, a colouring book, and details to **win 1 of 500 Roblox gift certificates** inside.

ROBLOX



SALE
6⁴⁷
90 chewable tablets

SALE
11⁹⁷
60 chewable tablets



SALE
7⁴⁷
60 chewable tablets



WIN
1 OF 500
ROBLOX
gift certificates

#1 Children's Supplements

These #1 Children's Supplements are hypoallergenic, containing no animal products, artificial colours, preservatives, dairy, starch, wheat, or yeast – just a complete range of high-quality vitamins and minerals.

SALE
8⁴⁷
15 mL



SALE
28⁴⁷
250 mL



Enter to win 1 of 500 cards at a \$15.00 value. Contest closes December 1, 2021. Draw to take place December 15th. Winners to be notified via email.

30 vcaps

SALE
18⁴⁷

30 vcaps

Riboflavin 5'-phosphate (R5P) is involved in most cellular enzymatic processes. It is vital for the synthesis, conversion, and recycling of niacin, folate, vitamin B6, and homocysteine, and has direct antioxidant properties.

This innovative formula combines 150 mg of benfotiamine with 10 mg of bioactive thiamine diphosphate to support nerve function and energy metabolism.

23⁹⁷

60 vcaps

SALE
44⁴⁷

60 vcaps

39⁴⁷

120 vcaps

JUST WHAT YOUR BODY NEEDS! • NON-GMO | GLUTEN-FREE | VEGAN FRIENDLY

Pyridoxal 5'-phosphate (P5P) is a coenzyme in over 140 reactions in human metabolism, and is needed to support energy metabolism, the nervous system, skin, mucous membranes, and red blood cell production.

SALE
8⁴⁷

30 vcaps

EnviroSimplex Processed Plant Extracts BioCoenzymated™

Pantethine

450 mg

B5

THE MOST METABOLICALLY ACTIVE FORM

60 CAPSULES

natural Factors

This one-per-day sublingual formula provides 3000 mcg of bioactive B12, directly supporting energy metabolism and immune system function.

18⁹⁷

60 subtabs

EnviroSimpler Processed Plant Extracts
BioCenzymated™
Methylfolate
 1000 mcg plus
 Methylcobalamin
 512-50 mcg

Folate + B12

THE MOST
 METABOLICALLY
 ACTIVE FORM

60 0.5g TABLETS

Folate 1000 mcg

SALE
35⁹⁷

60 softgels

SALE
g⁹⁷

30 subtabs

Tested clean by ISURA®

- Helps reduce fine lines and wrinkles within four weeks
- Increases skin hydration and firmness
- Offers joint and bone support
- Sourced from pasture-raised, grass-fed cattle and wild-caught fish

Collagen can't be absorbed well unless it's hydrolyzed. **Total Body Collagen** and **Total Body Marine Collagen** contain highly absorbable, non-GMO, hydrolyzed collagen. But we go a step further to ensure optimal absorption; our collagen complex has a unique amino acid structure that generates collagen production much quicker. The result is a considerably higher production of dermal collagen.

Collagen is the most abundant protein in our body; however, our collagen supply begins to decline with age. This is often the source of joint and bone degradation that can lead to arthritis, osteoarthritis, and osteoporosis. Total Body Collagen, available in both bovine and marine sources, combines high-absorption collagen, along with hyaluronic acid, biotin, and vitamin C to help regenerate cartilage. It also increases elasticity of joints, tendons, and ligaments.

SALE
38⁹⁷

powder



SALE
43⁹⁷

powder

SALE
47⁹⁷

180 tablets
or 500 g powder

TOTAL BODY
COLLAGEN™

100% COMPLETE AMINO ACIDS
 with Hyaluronic Acid, Glutamine, and Biotin

Antiaging · Hydrated Skin
 Muscle & Joint Recovery

✓ ANTIBIOTIC FREE ✓ HORMONE FREE ✓ GLUTEN FREE

UNFLAVOURED

500 g

100% PURE COLLAGEN
 HYDROLYZED

Look for the ISURA
verification
on the label



LAB TESTED CLEAN ✓
NON-GMO VERIFIED ✓

ISURA is setting
world standards
in **testing** for
your confidence,
and this matters
most to us.

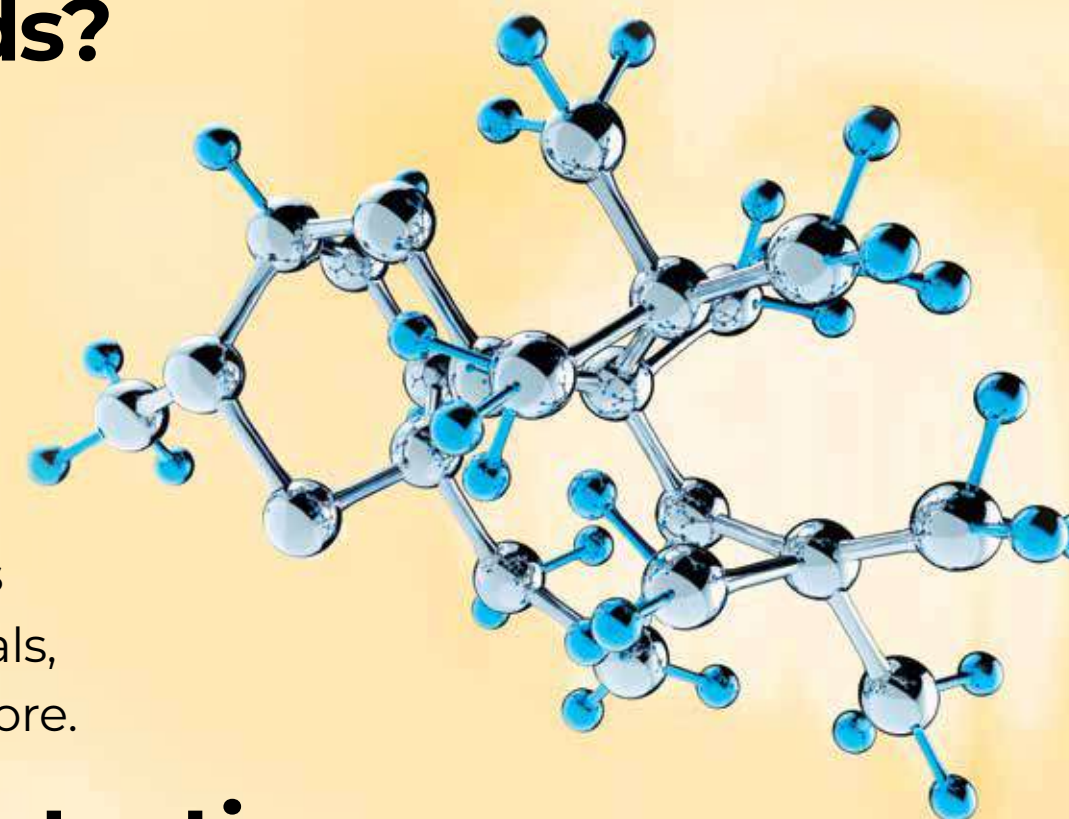
WHAT'S **MOST** **IMPORTANT** TO YOU?

**Clean, safe, contaminant-free, non-GMO
vitamins, minerals, supplements, and foods?
100% of the population agrees.**

**ISURA does the hard work to make
complicated science work for you.**

ISURA is an independent, not-for-profit organization for natural health
supplement- and food-product verification and certification. **ISURA tests
supplements for over 700 contaminants**, including pesticides, heavy metals,
and solvents. It also does genetic testing to prove there are no GMOs, and more.

ISURA is at the frontiers
of contaminant testing,
analyzing products down
to their molecular level,
and tracing ingredients
through their DNA.
Literally. Identifying a
molecule can be hard.
ISURA does this a million
times over to ensure your
product is clean and pure.



isura has the highest worldwide standards in testing.

ISURA.CA

WHOLE EARTH & SEA®

From a simple seed, planted in the ground with a little water, nutrients from the soil, and a whole lot of energy from the sun, comes the wholesome nutrition that sustains our lives.



Factors Farms® are certified 100% organic. Our crops are fertilized with compost and nitrogen-rich sea plants, and are meticulously cared for by hand.

This is the vision that created the greatest multi-vitamins ever.

Yes, you can really see and feel the difference!

Super Specials!

34⁹⁷ 60 tablets **65⁹⁷** 120 tablets

TRUSTED CHOICES

WHOLE EARTH & SEA AVAILABLE ONLY IN NATURAL FOOD STORES

exclusively AQN



wholeearthsea.com

WHOLE EARTH & SEA® Feel the DIFFERENCE!

You'll love the flavour and how you'll feel using this
100% FERMENTED, ORGANIC PRODUCT.



SALE
52⁹⁷

Greens

SALE
59⁹⁷

Protein & Greens

FERMENTED PROTEIN & GREENS goes far beyond standard greens and protein products. This innovative formula gives you all the nutrition in our **organic greens superfood** formula along with **21 g of the cleanest possible plant-based VEGAN PROTEINS.**

These unique food supplements harness the power of natural fermentation to create highly bioavailable nutrition from Whole Earth & Sea.

Available in Organic Chocolate, Organic Vanilla Chai, and Organic Tropical flavours.

FERMENTED GREENS is the **ONLY 100% fermented and 100% organic greens formula.** Our new enzymized greens is non-GMO and vegan friendly, **providing 6 g of quality fermented plant protein** in every serving. This exceptional formula also includes fermented grasses, fruits, vegetables, and micronized medicinal mushrooms.

Available in Organic Chocolate, Organic Tropical, and Unflavoured.



21⁹⁷
125 g powder

32⁹⁷
188 g powder

32⁹⁷
175 g powder

SOOTHE ME™

Sleep better by soothing your digestion, calming your mind, and lifting your mood.

BEETS ME™

Includes an incredible variety of plant nutrients, antioxidants, and fibre.

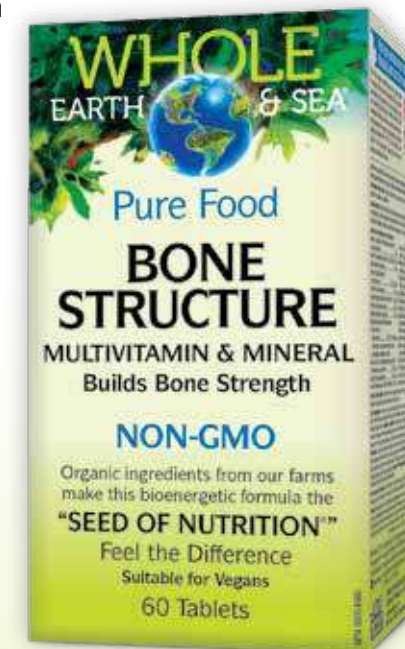
BOOST ME™

Helps the body adapt to stress, balance hormones, and enhance memory.

BONE STRUCTURE Multivitamin & Mineral

Build and strengthen bones with this calcium-rich wholefood formula with active vitamin and mineral complexes for maximum absorption.

SALE
27⁴⁷
60 tablets



TRUSTED CHOICES

WHOLE EARTH & SEA AVAILABLE
ONLY IN NATURAL FOOD STORES

exclusively AQN

Protect your GUT and IMMUNE SYSTEM with the power of fermented wholefood probiotics!

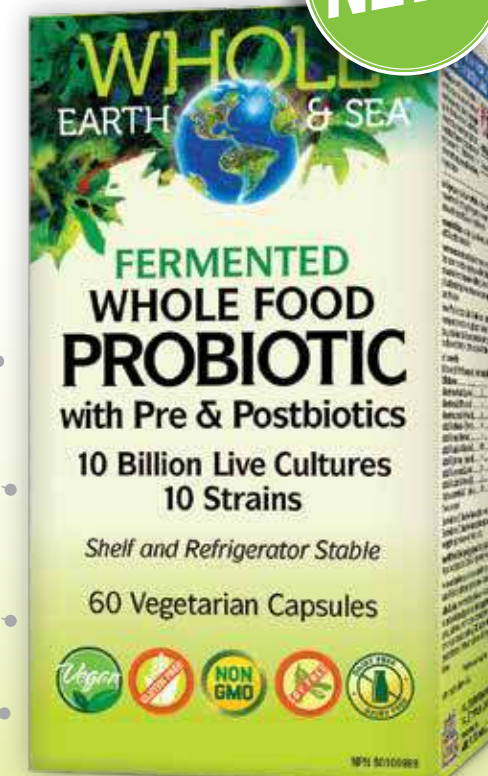
NEW!

10 strains
– the greater the diversity of probiotics and the number of bacteria, the better the balance and development of healthy gut flora

10 billion
live cells

Vegan
formula

Shelf-stable
formula



Select **wholefood ingredients** from our **organic farms**

Fermented prebiotic matrix – broccoli, carrot, kale, parsley, and spinach serve as the perfect nourishing culture medium to ensure the survival of the strongest bacteria

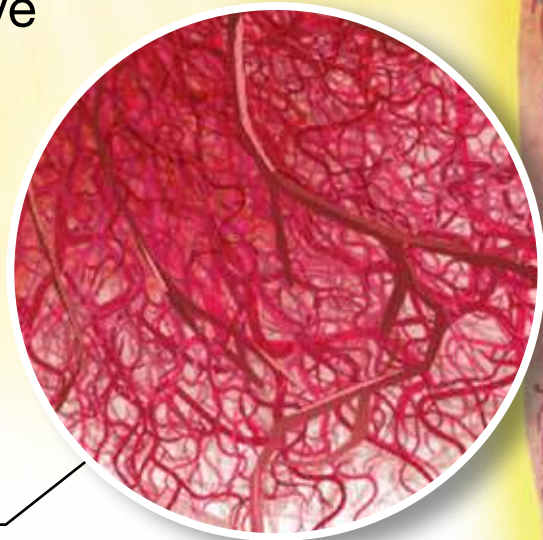
Supports healthy digestion and **reduces the frequency of gastrointestinal disturbances**, such as constipation, irregularity, gas, and bloating

SALE
24⁹⁷
60 vcaps

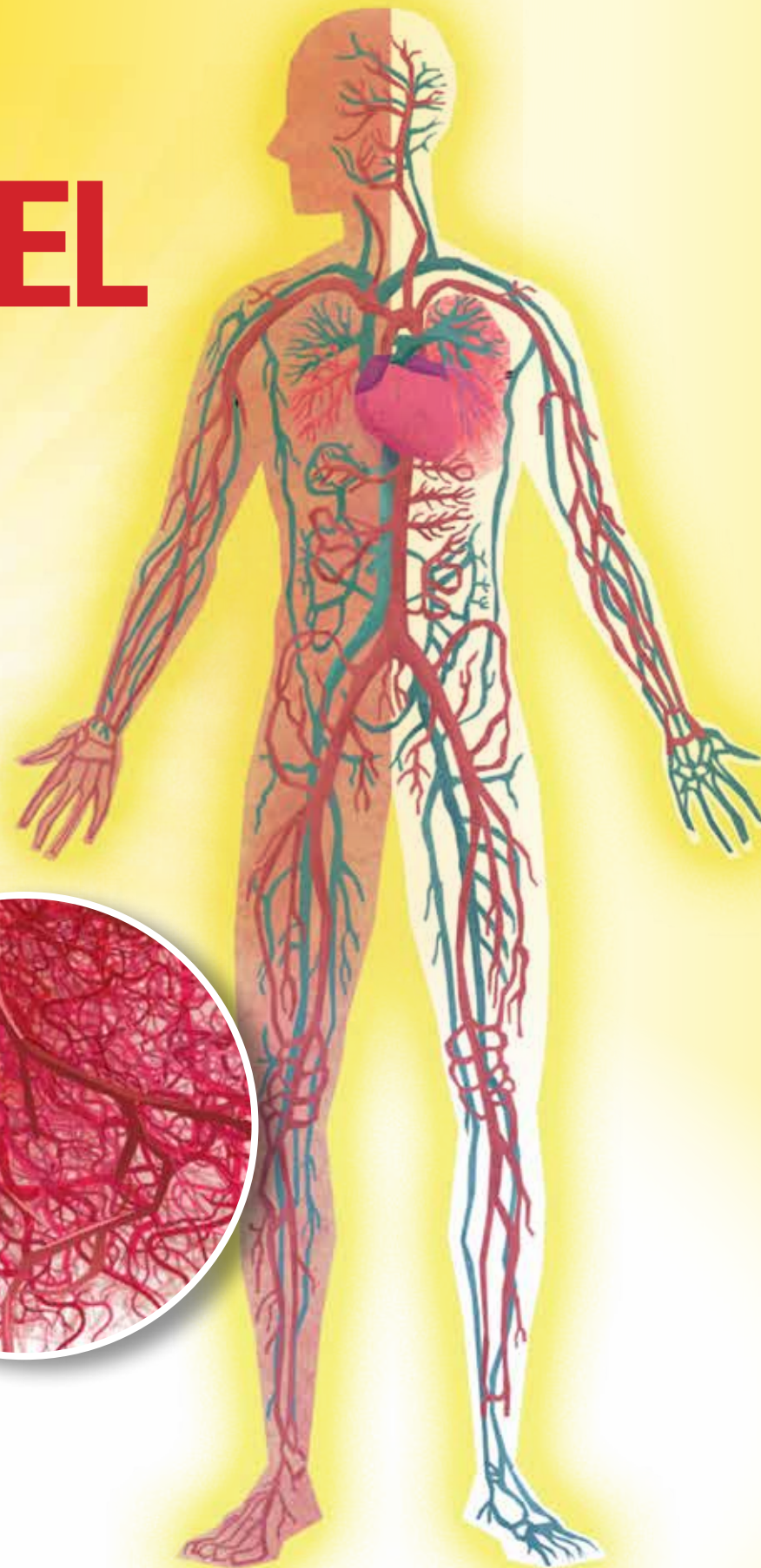
With **added scFOS prebiotic** to promote the growth and activity of the specific strains in this formula

What does **BLOOD VESSEL PROTECTION** mean to **YOU** and **ME?**

The unique antioxidant effect of quercetin supports healthy blood vessels by reducing the impact of oxidative damage to blood vessel walls. Such protection even extends to the capillaries, which supply nutrients and oxygen to every cell in the body.



The system of blood vessels in the human body measures over 96,000 km! They are responsible for delivering oxygen and nutrients to every cell and can be found in every square inch of the body.



Protective Measures for **IMMUNE SUPPORT**

Until now, one of the biggest challenges with quercetin has been its lack of water solubility. We have overcome this challenge via our latest technology: a unique liquid micelle matrix. This **groundbreaking process solubilizes quercetin into liquid**, allowing it to be **absorbed up to 10x better** than regular quercetin.

**SALE
PRICE**
29⁹⁷

60 liquid softgels

15⁹⁷

30 liquid
softgels

54⁹⁷

120 liquid
softgels



PATIENCE is the calm acceptance that things can happen in a different order than the one you have in mind

RESTFUL SLEEP

Restful Sleep combines four non-habit-forming herbal extracts that have been traditionally used in herbal medicine as mild sleep aids, especially in cases of restlessness or insomnia due to mental stress. The ingredients in this unique formula also have an analgesic effect that further promotes relaxed and restful sleep.

- Helps relieve insomnia due to mental stress
- Acts as a natural, non-habit-forming mild sleep aid
- Provides an analgesic action
- Suitable for vegetarians and vegans

SALE
21⁹⁷
90 vcaps



TRANQUIL SLEEP

- Helps relieve mild insomnia and calms nervousness
- Works in harmony with your body's natural sleep hormones
- Promotes restful sleep, so you wake up refreshed and alert
- Induces relaxation and lowers the body's stress response
- Helps you fall asleep and stay asleep

SALE
21⁴⁷
60 chewable tablets



- **Lighten** your load
- Maintain a **healthy diet**
- Carve out time for **self-care**
- Identify what brings you **joy**
- Spend time **outdoor**
- Look forward to **something special**

SAFFRON AND ANXIETY ISSUES IN TEENAGERS

For growing teenagers, natural alternatives, such as saffron, for health and emotional support are especially welcome. Depression and anxiety issues are considered among the top disabilities of teenagers. In a randomized, double-blind, placebo-controlled study, 28 mg of saffron per day were administered for 8 weeks. The results showed improved anxiety and depressive symptoms in adolescents (12–16 year olds) with mild-to-moderate symptoms.

26⁴⁷
60 vcaps



100% PURE SAFFRON EXTRACT

- Helps reduce symptoms of stress, such as fatigue, weariness, irritability, and poor sleep
- Excellent choice for new mothers experiencing postpartum depression
- 100% hand-picked natural saffron

SLEEP – Consistency is key

- Keep technology off
- Rest your mind
- End your day with mindfulness
- Take deep breaths

SALE
14⁹⁷
60 vcaps



SERENITY FORMULA

- Helps relieve symptoms of chronic stress and anxiety
- Helps adrenal exhaustion resulting from chronic stress
- Relieves symptoms of mental, physical, and emotional stress

100% NATURAL GABA

- Provides fast-acting relief from nervousness and acute stress
- Promotes mental clarity and physical relaxation without drowsiness
- Controls stress-related eating and food cravings
- Improves sleep quality

SALE
21⁴⁷
60 chewable tablets



28⁴⁷
90 vcaps

GET BETTER SLEEP

Brain Support

When it comes to mental health, it's not all in your head. There is an intricate communication network between the heart, the brain, and the gut. Together these three "brains" influence mental, emotional, and physical health. Three Brains supplements help maintain optimal brain health by supporting that critical relationship.

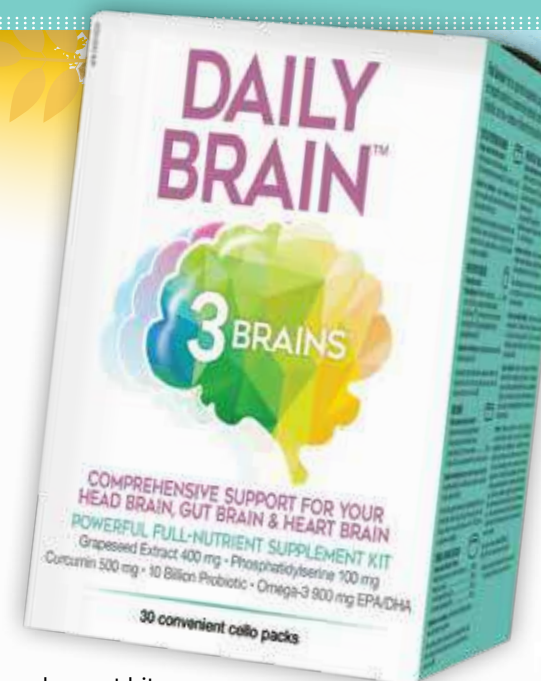
BRILLIANT MIND

- Supports cognitive health and brain function
- Helps maintain cardiovascular health
- Supports cognitive function and brain function

DAILY BRAIN

- Powerful, full-nutrient supplement kit
- Includes five supplements that are essential for three-brain health
- Grape seed extract and curcumin deliver strong antioxidant support
- Phosphatidylserine supports cognitive function
- 900 mg of omega-3 EPA/DHA contributes to cardiovascular health and brain function
- 10 billion cfu+ probiotic contains five strains to support gastrointestinal health

SALE
59⁹⁷
kit



MEMORY BOOST

- Promotes mental sharpness and concentration
- Enhances memory and brain function
- Improves quality of sleep

SALE
29⁹⁷
120 vcaps



SALE
29⁹⁷
90 softgels

Did you know there is scientific research to show how we can protect ourselves?

MEDICAL EXPERTS AGREE “...IF YOU ARE DEFICIENT IN **VITAMIN D**, it does have an impact on your susceptibility to infection.” Having adequate levels of vitamin D helps ward off viruses causing upper respiratory illnesses, especially in the winter, to make sure we have sufficient blood levels. Vitamin D is fat-soluble and therefore better absorbed in liquid softgel.

IMMUNE FUNCTION
VITAMIN C helps increase immune function. Recommended to use 1000–2000 mg per day.

REDUCE INFLAMMATION
QUERCETIN combined with vitamin C is an excellent immune and inflammation support.

QUERCETIN
This product is used as a blood vessel protectant and as support for immune and cardiovascular health. It can be taken on its own or in combination with vitamin C, which also offers natural protection for healthy respiratory immunity.

10⁹⁷
60 easy-swallow capsules

13⁹⁷
90 easy-swallow capsules

17⁴⁷
60 easy-swallow capsules

19⁹⁷
60 tablets

25⁹⁷
90 tablets



IMMUNE PROTECTION



Hygiene



Don't touch




Nutrition



Circulation

SUPER IMMUNE FORMULA
Features critical immune-enhancing co-factors – vitamin A, vitamin D, zinc, magnesium, and omega-3


SALE 11⁹⁷
90 softgels



BALANCED C EXTRA, THE DYNAMIC DUO!
Vitamin C and bioflavonoids have a complementary effect, making them both more effective and powerful when taken together.

10⁹⁷
90 easy-swallow capsules


19⁴⁷
180 easy-swallow capsules



SORE THROAT RELIEF ZINC LOZENGES
with elderberry, echinacea, and vitamin C are the perfect choice for soothing sore throats. Featuring zinc gluconate, the only form of zinc that is clinically proven to fight pathogens in the mouth, throat, and sinus areas. It also contains full-spectrum black elderberry and organic echinacea extracts, with added vitamin C to boost immune system function.

NEW!


SALE 9⁹⁷
60 lozenges



ZINC BISGLYCINATE
is an essential trace mineral that supports the immune system and helps maintain the body's ability to metabolize nutrients. Zinc is important for connective tissue formation and helps maintain healthy skin, hair, nails, and bones. Zinc bisglycinate is a gentle form that does not upset the stomach.

SALE 11⁹⁷
120 vcaps

SALE 13⁹⁷
120 vcaps



VITAMIN D 2500 IU

SALE 15⁹⁷
500 softgels

SALE 11⁹⁷
360 softgels

6⁹⁷
180 softgels

3⁹⁷
90 softgels



VITAMIN D 1000 IU

SALE 12⁹⁷
500 softgels

SALE 9⁹⁷
360 softgels

5⁴⁷
180 softgels



BALANCED C EXTRA
500 mg Vitamin C
500 mg Bioflavonoids

SALE 9⁹⁷
90 tablets

17⁹⁷
180 tablets

SALE 17⁹⁷
210 tablets

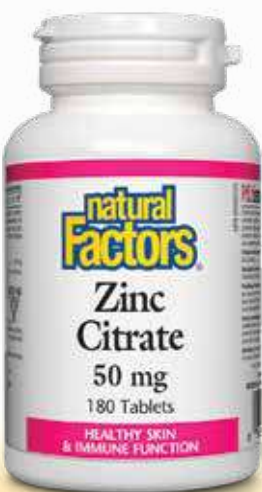


- 10 mg of zinc gluconate per lozenge
- Works fast to relieve sore throats
- Available in delicious natural Cherry and Honey Blossom
- No sugar added
- No artificial preservatives, flavours, or colours

Zinc Citrate
50 mg
180 Tablets

SALE 6⁴⁷
90 tablets 50 mg

10⁴⁷
180 tablets 50 mg



ZINC supports bone and vascular health.

Now, more than ever, continue to support your immune system!

INCREDIBLE SALE

SUPER DEALS!



SALE
15⁴⁷

60 softgels
20 mg

15⁴⁷

30 softgels
40 mg

SALE
26⁴⁷

120 softgels
20 mg

24⁹⁷

60 softgels
40 mg

MAXIMUM TRIPLE STRENGTH
RxOMEGA-3
one-per-day softgel

SALE
29⁹⁷

150 Enteripure
softgels

Experience the real
beauty benefits of
COLLAGEN with **BIOSIL**

Numerous clinical studies prove BioSil gets the most
beautiful results for hair, skin, and nails.



SALE
37⁴⁷

30 mL

25⁴⁷

46 vcaps

41⁴⁷

90 vcaps

58⁴⁷

120 vcaps



SALE
15⁹⁷

60 time-release
caplets

29⁹⁷

120 time-release
caplets



SALE
29⁹⁷

180 vcaps



SALE
15⁴⁷

120 capsules



SALE
23⁴⁷

180 softgels

SALE
21⁹⁷

180 subtabs



SALE
21⁹⁷

180 vcaps

