

40 Years

NUTTERS
EVERYDAY NATURALS

OF SMALL TOWN HEALTHY

Since 1982



\$49⁹⁹

SAVE \$31⁰⁰

Salus Liquid Formula Shrinks
500ml + 250ml

September Fall Savings Event

SALE DATES:

September 22 - October 1, 2022

Welcome to Nutters Fall Savings Event. In addition to pages of savings you'll also find some helpful tips and recipes.

On page 2 read about Collagen for health and beauty.

Page 4 features information on probiotics for healthy gut flora Vitamin C for hair care? Learn more on page 6

Everybody's After School Cookie Recipe is found on page 8.

And on page 10, discover the recipe for No Bake Nut Free Granola Bars!

Happy Shopping and Happy Saving!

HEALTHOLOGY LUNG-FX FORMULA

90 Capsules

- Works by supporting the lungs' natural defense systems, helps to expel mucous & promotes detoxification

\$29⁷⁹

SAVE \$3⁰⁰



PURICA LION'S MANE

120 Capsules

- Boosts brain health and power
- Enhances mental clarity
- Improves cognitive function

\$49⁹⁹

SAVE \$8⁰⁰



BELL Bladder & Yeast Infection

60 Capsules

- Used in herbal medicine as a diuretic to help relieve symptoms associated with mild urinary tract infections (UTIs)

\$26⁹⁹

SAVE \$9⁰⁰



WESCANA FOODS Organic Quick or Rolled Oats

1kg

- Organic & Gluten-Free

\$8⁹⁹

GLUTEN FREE



CanPrev Vitamin D3 + K2

120 Capsules

- Helps build and maintain bone health
- Vitamin D3 cholecalciferol from lanolin

\$24⁹⁹

SAVE \$5⁰⁰



RenewLife Ultimate Flora WOMEN

30 Capsules

- Probiotic has 50 billion live cultures to help maintain healthy vaginal bacteria and yeast levels—and supports urinary tract and gastrointestinal/intestinal health

\$36⁹⁹

SAVE \$7⁰⁰



www.nutters.com

3 Ways to Shop • In-Person • Call & Collect • Call & Deliver

SALE DATE: SEPTEMBER 22 - OCTOBER 1, 2022

NUTTERS • 1



COLLAGEN FOR HEALTH & BEAUTY

BioSil HAIR • SKIN • NAILS

60 Liquid Capsules

- Clinically proven to help in the formation of collagen
- Helps support hair, skin, and nail health

\$32¹⁹



Garden of Life COLLAGEN PEPTIDES

560g

- 20g Grass-fed & pasture-raised collagen peptides per 20g serving

\$44⁴⁹



Consuming collagen may have a variety of health benefits, from relieving joint pain to improving skin health

ACTUMUS CHLOROFORCE

500ml

- Provides antioxidants, which help protect cells from oxidative damage caused by free radicals

\$26⁹⁹



ULTIMATE TESTOSTERONE BOOST

60 Capsules

- Ideal for men looking to support physical performance, energy levels, and vitality
- Helps promote healthy testosterone production in men

\$22⁸⁹



innovite MELATONIN

60 Capsules

- 6-8 hour sustained-release melatonin to ensure a lasting effect during sleep time

\$11⁴⁹



Orange Naturals 1000IU D3 Drops

15ml

- Helps the body build strong bones and teeth
- Promotes a healthy immune system
- Boosts vitamin D levels

\$10⁹⁹



Alpha ORGANIC MCT OIL

1L

- Provides energy for workouts, weight management and body building
- Smoothest, Highest Quality, 100% MCTs

\$28⁹⁹



CanPrev Zinc Bis-Glycinate 25

120 Capsules

- Zinc is required for the normal growth and development, metabolism, and functions of all cells

\$14⁹⁹



innovite ELDERBERRY

90 Capsules

- Useful for relieving fever, and reducing upper respiratory tract infections
- For cold and flu symptoms

\$19⁹⁹



FLORA Organic Flax Oil

500ml

- "Seed to bottle" - Flora gets the seeds, presses them, and bottles the oil themselves
- Fresh-pressed, unrefined, virgin flaxseed oil

\$18⁴⁹



PREFERRED NUTRITION Berberine 500mg

120 Capsules

- Helps maintain healthy glucose metabolism and cardiovascular health

\$31⁹⁹



CanPrev Magnesium Bis-Glycinate Liquid

500ml

- Designed for those seeking maximum gentleness
- Preferred and highly absorbable Bis-glycinate form

\$24⁹⁹



orange NATURALS MagPop!

35 Packets

- From bone building to muscle function, used by your body in over 800 different ways

\$14⁹⁹



FLORA Daily Maintenance Enzymes

120 Capsules

- Supports optimal digestion of proteins, fats, carbohydrates, fibre, and complex sugars throughout the entire digestive tract

\$22⁹⁹



HEALTHOLOGY GUT-FX FORMULA

180g

- GUT-FX is the ultimate formula to repair your intestinal tract lining, heal inflammation, support healthy gut flora, and restore your gut health

\$35⁴⁹



Naka Nutri NAC 600mg

150 Capsules

- Supports Lung and Liver health
- Promotes Glutathione Synthesis

Bonus Size

\$25⁹⁹



Naka Pure Colloidal Silver

600ml

- Immune system support
- Heals wounds and skin conditions
- Water purification

Bonus Size

\$24⁹⁹



Naka LIPOSOMAL C1000

600ml

- Helps in collagen formation to maintain healthy bones, cartilage, teeth and/or gums

Bonus Size

\$33⁹⁹



NEW CHAPTER WHOLEMEGA FISH OIL

- Delivers 935 mg of highly absorbable good Omegas for heart, brain, eye & joint support

60 Capsules

\$21⁹⁹

120 Capsules

\$41⁹⁹



INNOTECH LIQUID IONIC MAGNESIUM

480ml

- Helps in the development and maintenance of bones and teeth
- Helps to maintain proper muscle function

\$32⁷⁹



JOY of the MOUNTAINS Oil of Oregano

- Fights off colds, flus and their symptoms
- Superior Performance proven in H1N1 study
- Premium wildcrafted organic ingredients

10ml

\$12⁹⁹

30ml

\$24⁹⁹



St.Francis Mullein TINCTURE

50ml

- Excellent cough remedy
- Antimicrobial aid for respiratory infections
- Anti-inflammatory

\$17⁹⁹



ALL VARIETIES

20% OFF

NEW CHAPTER
MULTIVITAMIN LINE
ALL SIZES



\$25⁹⁹

SUKU
MEN'S or WOMEN'S
MULTI

60 Gummies



SALE DATE: SEPTEMBER 22 - OCTOBER 1, 2022

NUTTERS • 3



PROBIOTICS FOR HEALTHY GUT FLORA

Living Alchemy Your Flora WOMAN

60 Capsules

- Promotes a Healthy Vaginal Balance
- Helps Prevent Acute & Recurring UTIs

\$35⁹⁹



Living Alchemy Your Flora PROFESSIONAL

60 Capsules

- Helps Support Intestinal/Gastrointestinal Health & Promotes a Favorable Gut Flora

\$59¹⁹



Although people often think of bacteria and other microorganisms as harmful "germs," many are actually helpful. Some bacteria help digest food, destroy disease-causing cells, or produce vitamins. Many of the microorganisms in probiotic products are the same as or similar to microorganisms that naturally live in our bodies

Bach RESCUE PASTILLES

50g

- Each pastille contains four drops of the Rescue Remedy® flower essences and makes the perfect travel companion to grab and go

Select Varieties

\$6⁹⁹



ORGANIKA GÖUTRIN

120 Capsules

- Limits uric acid production
- Flushes the uric acid already in the body, to provide pain relief and prevent an attack

\$25⁹⁹



now Ashwagandha 400mg

90 Capsules

- Traditionally used in Ayurveda as Rasayana (rejuvenative tonic)
- 15:1 Concentrate

\$13⁹⁹



SUNFORCE RespirActin

948ml

- Aids in relieving symptoms of Allergies, Asthma, Hay Fever, Cough and Cold and other Respiratory Disorders

\$46⁷⁹



Nature's Way NutraSea Dry Eye Omega-3

120 Softgels

- Providing 1200 mg of EPA, 300 mg of DHA, and 150 mg of GLA to help relieve the symptoms of dry eye syndrome

\$39⁹⁹



NEOCELL Beauty Bursts

60 Soft Chews

- Source of the essential amino acid lysine to help in collagen formation

\$24⁴⁹



Nature's Way NutraSea Omega-3 + Vitamin D

150 Capsules

- Premium quality omega-3 liquid gels have a fresh mint flavour and no fishy burp-back

\$43⁹⁹



NASOL Nasal Spray

30ml

- Quickly relieves headache pain, allergy symptoms and sinus problems

\$16⁹⁹



now D-Mannose 500mg

120 Capsules

- Reduces the risk of recurrent UTIs
- Supports Urinary Tract Health

\$22⁹⁹



now Super Enzymes

90 Tablets

- Breaks down Fats, Carbs & Protein
- Enzymes to aid digestion
- Comprehensive formula

\$19⁹⁹



Kyolic Aged Garlic Extract CHOLESTEROL CONTROL

360 Capsules

- This combination of Lecithin and AGE supports healthy cholesterol levels already within normal ranges and overall cardiovascular health

\$49⁹⁹



Quantum HEALTH SuperLysine+

180 Tablets

- The leading lysine+ formula, great for daily immune support and oral health

\$29⁹⁹



seasnax
PREMIUM ROASTED SEAWEED

5g

- Seaweed is a nutrient-rich snack made from the finest ingredients on Earth. It's vegan, gluten free, Non G-Mmmmm-O

All Varieties

\$1.69



Eve's
CRACKERS

108g

- Crackers without the carbs
- Less than 2g net carbs per serving

All Varieties

\$7.79

KETO FRIENDLY

GLUTEN FREE



cultured coconut
FERMENTED ORGANIC
COCONUT MILK

460ml

- The Cultured Coconut's exceptionally high concentration of live bacterial strains contributes to healthy gut flora

\$22.29



Fody
TOMATO PASTA SAUCE

547ml

- We've removed triggering ingredients that can cause digestive discomfort so that you can eat your favorite foods bloat-free. Because let's be real - when your gut is happy, you are too

All Varieties

\$7.79



PHILLIP ADAM
shampoo or conditioner

355ml

- Boosting shine in dull looking hair
- Balancing pH levels in hair and scalp

All Varieties

\$13.49



LAKANTO
MONKFRUIT SWEETENER

800g

- A healthy cup-for-cup alternative to ordinary sugar

\$17.99

KETO FRIENDLY



Stoked Oats
Oatmeal

500ml

- Nutrient-Dense superfoods to make you Stoked. Made with everything you want, and nothing you don't!

All Varieties

\$7.29



flow
alkaline spring water

500ml

- 100% naturally alkaline spring water (pH ±8.1)
- Eco-friendly packaging

All Varieties

\$1.59



Swerve
THE ULTIMATE
SUGAR REPLACEMENT

KETO FRIENDLY

ALL VARIETIES

\$8.49

Swerve
Sweetener
340g



YOUR WHOLE FOOD PROTEIN

ORGANIC BROWN RICE
+ QUINOA + COCONUT

ALL VARIETIES

\$47.99

BOTANICA
PERFECT PROTEIN
780g or 840g



- Plant protein with naturally occurring vitamins, minerals, antioxidants, healthy fats and fibre
- Crafted with simple organic ingredients
- Complete and balanced amino acid profile
- Free of peas and soy for better digestion



VITAMIN C FOR HAIR CARE?

Ener-C Vitamin C Drink Mix 30 Packets

- Deliciously effervescent and all natural product flavored with real fruit juice powders, and contains no artificial flavors or colors

All Varieties

\$13⁹⁹



Vitamin C plays a role in controlling infections and healing wounds, and is a powerful antioxidant that can neutralize harmful free radicals. It is needed to make collagen and helps make several hormones and chemical messengers used in the brain and nerves.

Did You Know?

Vitamin C improves the absorption of non-heme iron, the type of iron found in plant foods such as leafy greens. Drinking a small glass of 100% fruit juice or including a vitamin-C-rich food with meals can help boost iron absorption.

CALIFA FARMS ALMOND MILK 1.4L

- Use it in recipes and smoothies in place of dairy milk, or sip it straight

All Varieties

\$6³⁹

DAIRY FREE



CALIFA FARMS OAT MILK 1.4L

- Packed with calcium, vitamin A and vitamin D. Perfect for baking, delicious for sipping

All Varieties

\$6³⁹

DAIRY FREE



gimMe ORGANIC PREMIUM ROASTED SEAWEED 6 x 5g

- We start with our premium organic seaweed, roast it to a crispy perfection with organic sunflower oil, and then season

All Varieties

\$8⁶⁹



NO SUGAR COMPANY KETO BAR 40g

- It's a creamy, melt-in-your-mouth low-carb snack that has the perfect keto snack makeup — 75% healthy fats, 20% protein, and 5% net carbs — and has NO SUGAR

All Varieties

\$3¹⁹

KETO FRIENDLY



PATIENCE FRUIT & CO SOUR CRAN 60g

- A tangy new cranberry that tastes like Sour candy, perfect for snacking at absolutely any time of day

All Varieties

\$2³⁹



L'ANCÊTRE CHEESE 325g

- Their perfect texture and fresh-from-the-bakery flavor mean you can enjoy your favorite foods again, just free of gluten

Select Varieties

\$12²⁹



MANUKA HONEY DROPS 120g

- Soothe throats with this time-tested recipe still crafted with care in small batches. Perfect for cold, flu and allergy season

All Varieties

\$8²⁹



MANITOBA HARVEST HEMP HEARTS 227g

- 9 Essential Amino Acids
- 12g Omega 3 & 6
- 10g Protein

\$7⁵⁹



Rizopia BROWN RICE PASTA 454g

- Made with whole grain brown rice, our brown rice pasta has a mild, nutty flavour and gives a nice chewy texture

Select Varieties

\$2³⁹

GLUTEN FREE



SAN-J TAMARI BREWED SOY SAUCE 296ml

- Perfect for stir-fry, marinade, and as a dipping sauce. Great to add to soups, sauces and casseroles

\$6⁹⁹

GLUTEN FREE



CARBONAUT SEEDED or WHITE BREAD 544g

- Carbonaut is on a mission: to bring you low carb bread that tastes like it came from the corner bakery

\$8²⁹

KETO FRIENDLY

GLUTEN FREE



La Croix Sparkling Water 355ml

- Crisp, clean and thirst-quenching

All Varieties

\$5⁹⁹
/8 PACK



ATTITUDE
All Purpose Cleaner
800ml

- Contains plant- and mineral- based ingredients like saponin, a natural cleansing agent, your entire house will be sparkling clean

All Varieties
\$4⁴⁹



seventh generation
Dish Soap
561ml

- Dried-on food and grease don't stand a chance against our plant and mineral powered dish washing liquid

All Varieties
\$3⁹⁹



DESSERT ESSENCE
MOUTHWASH
473ml

- Sugar and alcohol-free mouthwash
- Provides botanical care for teeth and gums

All Varieties
\$8⁵⁹



Himalaya
Toothpaste
150g

- Free from Fluoride, Triclosan, Carrageenan, SLS, and Gluten, and loaded with the foamy texture and great taste you love

All Varieties
\$4⁹⁹



DERMA • E
Vitamin E Skin Oil
60ml

- Vitamin E helps to fight free radicals
- Nourishes and soothes uncomfortable skin

\$11⁴⁹



THAYERS
WITCH HAZEL FACIAL TONER
355ml

- Clean: Alcohol-free, phthalate-free, paraben-free, gluten-free

All Varieties
\$12⁴⁹



sukin
FOAMING FACIAL FOAMING OR PUMP CLEANSER
125ml

- Our Facial Foaming Cleanser is a non-drying, gentle gel cleanser that purifies the skin, without stripping it of its natural oils

\$8⁴⁹



sukin
SENSITIVE FACIAL MOISTURISER
125ml

- A hydrating cream, that nourishes and softens skin through a beautiful blend of Rosehip, Avocado, Sesame Seed and Jojoba Oils

\$8⁴⁹



FAMILY SOAPMAKERS SINCE 1858

DR. BRONNER'S

ALL VARIETIES
\$19⁵⁹

DR. BRONNER'S
PURE-CASTILE SOAP
946ml

SALE DATE: SEPTEMBER 22 - OCTOBER 1, 2022

ALL VARIETIES
\$15¹⁹

NATURTINT
PERMANENT COLOUR
ea.

NATURTINT
Permanent Colouring Gel
Permanent on

Let your natural colour shine
Prenez la couleur de votre peau

AMMONIA PARAFINOS COCCAMIDE DEA OLS MINERAL OLS
AMMONIAC PARAFINE COCCAMIDE DE THANOLAMINE OLS
HUILES MINÉRALES PARAFFINE OLÉINES

INTENSE, NATURAL COLOURS, WITH MOISTURIZING CONDITIONER
COULEURS INTENSES ET NATURELLES AVEC
REVITALISANT HYDRATANT

PHÉRGAL 170 ml e

**Nutters
White Sugar**
500g

\$1⁹⁹

2kg

\$5⁹⁹



**Nutters
Best Brown Sugar**
500g

\$2⁴⁹

1kg

\$3⁹⁹

2kg

\$7²⁹



**Nutters
Yellow Sugar**
500g

\$2⁴⁹

1kg

\$4¹⁹

2kg

\$7⁹⁹



**Nutters
Organic Unbleached White
Flour**
1kg

ORGANIC

\$6²⁹

2kg

\$11⁴⁹



**Nutters
All Purpose Flour**
1kg

\$2⁵⁹

2kg

\$4⁷⁹



**Nutters
Gluten Free All Purpose
Flour**
1kg

GLUTEN FREE

\$9⁵⁹



**Nutters
Baking Soda**
250g

\$1⁷⁹

500g

\$2⁷⁹



**Nutters
Nutritional Yeast Flakes**
250g

\$9⁹⁹

500g

\$16⁹⁹



**Nutters
Monk Fruit Sweetener**
400g

\$10⁵⁹

700g

\$17²⁹



**Nutters
Golden Monk Fruit
Sweetener**
400g

\$10⁵⁹

700g

\$17²⁹



**Nutters
Sultana Raisins**
1kg

\$6⁹⁹



**Nutters
Organic Cane Sugar**
500g

ORGANIC

\$2⁵⁹



**Nutters
Nutmeg**
Randomly Packaged or Bulk

\$2⁴⁹
/100g



**Nutters
Ground Cinnamon**
Randomly Packaged or Bulk

\$2¹⁹
/100g



**Nutters
JuJubes**
Randomly Packaged or Bulk

55¢
/100g



**Nutters
Organic Dark Thompson
Raisins**
455g

ORGANIC

\$5⁵⁹

750g

\$8²⁹



EVERYBODY'S AFTER SCHOOL COOKIES

RECIPE

For the Dough

- 1 cup unsalted butter, at room temperature
- 1 1/2 cup granulated sugar*
- 1/4 cup packed light brown sugar*
- 2 teaspoons pure vanilla extract
- 2 large eggs, at room temperature
- 2 1/2 cups old-fashioned rolled oats*
- 2 cups all-purpose flour*
- 2 teaspoons cream of tartar*
- 1 teaspoon baking soda*
- 1 teaspoon kosher salt
- 1 1/2 cups bittersweet or semisweet chocolate*
- 1 cup raisins*

For Coating:

- 1/2 cup (100g) granulated sugar*
- 2 teaspoons ground cinnamon*
- a big pinch of kosher salt

*Find these items in this flyer



Recipe + Image from Joy The Baker

METHOD

- Cream butter on medium speed for about 1 minute. Add the sugars and beat on medium speed until aerated and fluffy, 3 to 5 minutes. Add the eggs, one at a time, beating for 1 minutes between each addition. Add the vanilla extract.
- In a large bowl whisk together the oats, flour, cream of tartar, baking soda, and salt.
- Add the dry ingredients all at once to the butter mixture and beat on low speed. Stir in the chocolate chips and raisins. Refrigerate for 1 hour or overnight.
- Preheat oven to 350 degrees F. Line a baking sheet with parchment paper. In a small bowl whisk together sugar, cinnamon and salt.
- Form the dough into 2 tablespoon balls. Roll each ball in the cinnamon sugar mixture. Place each ball about 2 inches apart on the prepared baking sheet.
- Bake until golden and puffed for about 12 minutes, rotating the pan once during baking.
- Store cookies in an airtight container for up to 4 days. Uncooked dough can be portioned (not rolled in sugar) and frozen in balls first on a baking sheet, then in a freezer safe bag. Bake cookies from frozen for 14 or so minutes.

Nutters
California Pitted Dates
250g

\$4²⁹

500g

\$7⁵⁹



Nutters
Quick or Regular Oats
1.75kg

\$6⁷⁹



Nutters
Quick Oats

1kg

\$5⁹⁹

ORGANIC

Nutters
Regular Oats

1kg

\$4⁵⁹



Foley's
Chocolates & Candies

Dark Chocolate Chips
Randomly Packaged or Bulk

\$1⁰⁹
/100G



Foley's
Chocolates & Candies

Milk Chocolate Chips
Randomly Packaged or Bulk

\$1²⁹
/100G



Nutters
Carob Chips
400g

\$4¹⁹



Nutters
Organic Sunflower Seeds
Randomly Packaged or Bulk

69¢
/100G



Nutters
Organic Pumpkin Seeds
Randomly Packaged or Bulk

\$1²⁹
/100G



Foley's
Chocolates & Candies

Milk or Dark Chocolate Almonds
Randomly Packaged or Bulk

\$1⁴⁹
/100G



Nutters
Dried Blueberries
200g

\$6⁹⁹



Nutters
Dried Cranberries
250g

\$3⁹⁹

500g

\$6⁹⁹



Nutters
Walnut Halves & Pieces or
Crumbs
Randomly Packaged or Bulk

\$1⁷⁹
/100G



Nutters
Cashews Roasted & Salted
or Roasted with No Salt
Randomly Packaged or Bulk

\$2³⁹
/100G



Nutters
Matcha Green Tea Almonds
Randomly Packaged or Bulk

\$3⁵⁹
/100G



Nutters
Mango Slices
250g

\$5⁹⁹



No Bake NUT FREE GRANOLA BARS

RECIPE

- ½ cup packed pitted dates*
- ½ cup Sunbutter, sunflower seed butter
- ¼ cup maple syrup
- A pinch of salt
- 1 cup rolled oats, toasted*
- 1 cup shredded coconut, toasted,*
- Optional: 2 tablespoons chocolate chips*

*Find these items in this flyer



METHOD

- Place the dates, Sunbutter, maple syrup, and salt into your food processor and pulse until a paste forms.
- Add the oats and coconut pulse a few more times, just until it starts to mix. Transfer to a bowl and continue to mix until everything comes together.
- Line a small baking dish with parchment paper. Place the granola bar batter into the pan and press it down. If you're using the chocolate chips, sprinkle them on top and press them down.
- Place the dish into your fridge for 30 minutes then cut into 12 bars. Wrap them each individually then store them in your fridge for 7 days or in your freezer for up to 3 months.

Recipe from The Endless Meal

**Annie's
Bunny Fruit Snacks**
115g

- Each fruit-flavored snack packs bold strawberry, cherry and raspberry flavors into cute, bunny-shaped gummies

Select Varieties

\$5⁷⁹



**daiya
GLUTEN-FREE PIZZA**
413g

- 100% plant-based, 100% mouth-watering. You'll forget all about delivery with one bite of this thin crust, herby, cheese-y goodness

Select Varieties

\$9²⁹

DAIRY FREE



**earth balance
Original Buttery Spread**
425g

- It's creamy, spreadable texture and rich, buttery taste comes from our proprietary blend of oils

\$5⁷⁹

DAIRY FREE



**glutino
GLUTEN FREE PRETZEL STICKS or
PRETZEL TWISTS**
400g

- No gluten, no wheat, no casein, no soy

\$8⁴⁹

GLUTEN FREE



**LUNDBERG
ORGANIC RICE**
907g

- USDA Organic
- Certified Organic by CCOF
- Non-GMO Project Verified

Select Varieties

\$11⁴⁹



**NAKED & SAUCY
SOY FREE SAUCE**
296ml

- Has 75% less sodium and a beautiful umami savouriness to it with a hint of sweetness

\$6⁹⁹



**Koochikoo
NO SUGAR ADDED Lollipops**
60g

- Koochikoo candies come in a variety of super fruit flavor combinations and are available in a variety of sizes to fit your need

All Varieties

\$3⁵⁹

KETO FRIENDLY



**ANS
Keto WOW Snack Bars**
40g

- All the flavour, without the sugar! Perfectly keto-friendly snack on the go at only 3g net carbs and 1g of sugar per bar

All Varieties

\$2⁵⁹

KETO FRIENDLY



**pür
gum**
55 Pieces

- With 100% xylitol, this diabetic friendly gum is safe to enjoy without spiking blood sugar levels

\$3⁶⁹



Smart Sweets
50g

- No sugar alcohols, artificial sweeteners and added sugar
- Naturally flavored low sugar gummy candies

All Varieties

\$3¹⁹

KETO FRIENDLY



**TRADITIONAL MEDICINALS
Herbal Teas**
16 Tea Bags

- Our herbalists have carefully created over 50 high quality herbal teas and products. Find which type of plant power works for you

All Varieties

\$4⁶⁹



**welo
KIDS SNACK BARS**
5 x 20g

- Daily probiotics + prebiotics
- 50% less sugar than the average granola bar

All Varieties

\$6¹⁹



40 Years
OF SMALL TOWN HEALTHY
Since 1982

SALE ENDS OCTOBER 1, 2022

nutters.com/find-a-store

During this sale, Nutters stores will make every effort to supply sufficient merchandise to meet your needs. Due to floor space limitations some of the advertised items may not be available in all locations. We reserve the right to limit quantities. Product descriptions and articles are meant for informational purposes only. You should always seek prompt medical care for any specific health issue and consult a physician before starting a particular health or fitness regimen.

DISCOUNTS NOTED ARE OFF THE REGULAR PRICE

[f @NuttersNatural](https://www.facebook.com/NuttersNatural) [i](https://www.instagram.com/NuttersNatural)

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www.nutters.com