

Fall into Relaxation

SAVE

Magnesium
Stress Release
90 veg caps

\$27.19



Magnesium
Sleep + GABA
& Melatonin
120 veg caps

\$22.39



Adrenal Chill
90 veg caps

\$26.39



Adrenal-Pro
Recharge
Yourself
120 veg caps

\$31.99



Prices shown are effective from November 1 to 30, 2023.

Available at participating natural health retailers.

Scan here for details.



Inhale *calm*, exhale *stress*.

Breathe easy with these supportive formulas for stress management and sleep. Featuring nutrients to promote **mood balance, relaxation, better sleep, and improved energy.**

5-HTP 100 with B6 & Magnesium
60 veg caps

Promotes healthy mood balance and sleep.

\$22.39

L-Theanine with Magnesium
90 veg caps

Soothes anxiety and promotes productivity.

\$19.99

BioActive B B-Complex
Metabolically Active Forms for Rapid Uptake

BioActive B B-Complex
Metabolically Active Forms for Rapid Uptake

BioActive B Liquid
500ml

Supports energy, liver health, and metabolism.

\$23.99

BioActive B
90 veg caps

Supports energy, liver health, and metabolism.

\$31.99

GABA 500
120 veg caps

Promotes relaxation while maintaining alertness.

\$19.99

Healthy Mood
90 veg caps

Promotes healthy mood balance and boosts relaxation.

\$35.99

Prepare for *drift off.*

Did you know?

Melatonin plays a key role in boosting natural killer (NK) cell activity, which **strengthens your ability to fight off infection and ward off illness.**

Liposomal Melatonin (Nutty Chocolate)
Liquid

225ml

Fast-acting and long-lasting sleep support.

\$32.79

Magnesium Bis-Glycinate 300 Ultra Gentle Liquid
500ml

Promotes better sleep and mental calm.

\$24.79

Melatonin Liposomal
Reset Your Sleep Cycle, Rapid & Sustained Uptake

Sleep-Restore Ashwagandha
+ GABA, L-Theanine, Passionflower, Lemon Balm, & Chamomile Extracts

Sleep-Reset Melatonin
+ GABA, L-Theanine, Passionflower, Lemon Balm, Skullcap, & Valerian Extracts

Magnesium Bis-Glycinate 200 Gentle
200mg of Pure Elemental Magnesium per Capsule

Magnesium Bis-Glycinate 300 Ultra Gentle
300mg of Pure Elemental Magnesium per Capsule

Sleep-Restore Ashwagandha
90 veg caps

Eases stress and improves sleep quality.

\$27.99

Sleep-Reset Melatonin
90 veg caps

Regulates the sleep cycle and helps prevent jet lag.

\$23.99

Magnesium Bis-Glycinate 200 Gentle
120 veg caps

Promotes better sleep and mental calm.

\$22.39

Ignite your *immunity*.

Adapting to the changing seasons can take its toll on the body, especially in the fall. Our immune products keep your system primed for the cold & flu season.

These powerful **multi formulas** are packed with essential nutrients to keep your immune system functioning at its best.

For daily immune support, try **Immuno Multi**. To boost your immune health through cold and flu season, add **Immuno Berry** into your daily routine. And if you're feeling the sniffles coming on, reach for **Cold-Pro** to stop illness in its tracks.



Immuno Berry
90 veg caps
Promotes sweating and provides quick relief for upper respiratory infections.
\$33.59



Cold-Pro Immune Formula
90 veg caps
Strengthens defence against bacterial and viral infections.
\$22.39



Immuno Multi
90 veg caps
Everyday multi with added immune support.
\$31.99



Liposomal Curcumin 100 (Peach) Liquid
225ml
Reduces inflammation and lowers stress response.
\$27.99



Zinc Bis-Glycinate 25
120 veg caps
Supports healthy immune function and antioxidant levels.
\$13.59



Zinc 50 Ultra Immune + Vitamin C
120 veg caps
With added vitamin C to support immune function.
\$19.19



Pro-Biotik 15B
60 veg caps
Encourages regularity and supports digestive health.
\$27.19

Vitamin C 1000mg
240 veg caps
Speeds up tissue repair and strengthens immunity.
\$27.99

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Strengthen *immunity* from within.

Are you getting enough vitamin D?

A lack of sun exposure during the colder months is a main reason why **1 in 3 Canadians are deficient** in this critical nutrient. By supplementing with D3, you can keep your immune system strong all winter.

Support strong bones.

Vitamin K may not be as well-known as vitamin D, but it's just as important. Vitamin K2 specifically plays a crucial role in bone health by effectively transporting calcium to bones and teeth.

Better together!

Vitamins D3 and K2 are often paired up due their ability to work together. D3 assists with absorbing calcium from the intestinal tract, while K2 guides the calcium into the bone where it belongs.



D3 & K2
Liquid / Softgels
15ml / 120 softgels

Co-factors in the maintenance of bone, teeth, and immune health.

\$19.99 / \$22.39

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D3 2500 IU
120 softgels

Helps to build and maintain bone health.

\$12.79



K2
120 softgels

Essential for shuttling D3 into bones.

\$20.79

Support immunity with hydrotherapy.

Contrast showering involves alternating between hot and cold water, which creates a host of amazing benefits for your immune health and body as a whole.

3 minutes hot, 1 minute cold

Rinse and repeat for 20 minutes, finishing with cold.

One berry to rule them all.

Historically, elderberry is known as **"the medicine chest of the country people"**, and has been used to cure just about anything!

In Europe, the elderberry was used to reduce fevers, aid digestion, and soothe inflammation, while Indigenous people used the berries to ward off colds, treat skin issues, and alleviate joint pain.



Elderberry C (Berry Burst) Liquid
500ml

Relieves cold and flu symptoms and provides immune support.

\$23.19



Elderberry C (Berry Burst) Chewable tabs
120 tabs

Relieves cold and flu symptoms and provides immune support.

\$29.59



Berry Burst Chia Pudding

This Layered Berry Burst Chia Pudding featuring **Elderberry C Liquid and Capsules** is rich in immune-boosting antioxidants, phenolic acid, flavonols, anthocyanins, healthy fats, and fibre to support your immune health.



Scan here for the recipe!

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SAVE
BIG

Curcumin Unlocked
60 veg caps

Reduces inflammation
and provides antioxidants.

\$27.99



NAC+
N-Acetyl-L-Cysteine
120 veg caps

Supports respiratory
health and liver detox.

\$20.99

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Why we're here.

CanPrev was born out of a desire to make natural medicine safe, effective and accessible to everyone. Our vision is centred around understanding root causes, so you can find lasting solutions that allow you to live life to the fullest.

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