

MARCH 13 - 22, 2025

ALL THINGS NATURAL, SPECIALTY & WELLNESS



FIND OUR HOTTEST DEALS!

Scan this QR code to view our flyer online
or visit www.nutters.com/current-flyers



Healthy Living
Starts Here



SAVE \$4.00

NATURAL FACTORS Magnesium Bisglycinate 200mg
250 Capsules
Helps maintain proper muscle function, including the heart muscle and helps maintain the body's ability to metabolize nutrients

\$32.99



SAVE \$7.00

CANPREV BioActiveB
90 Capsules
A complete source of B vitamins your body needs for supporting energy, immunity and more

\$35.99



SAVE 18%

Bonus Size
WOMENSENSE EstroSense
150 Capsules
Promotes estrogen metabolism & maintains hormone balance

\$47.99



SAVE \$6.00

PRAIRIE NATURALS LeanWhey Protein
908g
Promotes fat loss and increases lean muscle mass

\$48.99



SAVE \$4.00

HEALTHOLOGY Lung-FX Formula
90 Capsules
Helps to eliminate excess mucous

\$32.99



SAVE 27%

NAKA Tristar Probiotic Supremacy
60 Capsules
Supports digestive health & fights irritable bowel syndrome

\$28.99



SAVE \$1.00

All Varieties
TRADITIONAL MEDICINALS Tea
16 Tea Bags
Bagged herbal teas for all your wellness needs

\$6.99

www.nutters.com

NuttersNatural

Proudly Canadian For Over 40 Years!

At Nutters Everyday Naturals, the heart of our operations has always been Canadian - proudly serving small town communities from our head office in Alberta for over 40 years.

We've always striven to provide access to high quality Canadian brands, both big and small. We even offer a curated selection of hyper-local products at each of our locations so every store reflects the unique spirit of its community.

Thank you for choosing to shop local with us all these years. Your support means the world!

Look in store for our Canada sticker to help you identify closer-to-home options.



BONUS SIZE

WOMENSENSE MenoSense

Supports menopause & reduces hot flashes and night sweats

210 Capsules
\$38⁹⁹



AOR Advanced B Complex

Support for metabolism and red blood cell production

180 Capsules
\$54⁹⁹



BONUS SIZE

WOMENSENSE AdrenaSense

Improves mental and physical performance after exertion

210 Capsules
\$43⁹⁹



AOR Lysine, Vitamin C & Hyaluronic Acid

Supports collagen development & joint health

60 Capsules
\$38⁹⁹



SAVE 21%

AOR Zinc-Copper Balance

Supports healthy bones, hair, nails, and skin by protecting connective tissues and helps to maintain immune function

100 Capsules
\$28⁹⁹



HIGHER HEALTH Beef Liver

Supports overall health,
energy levels, immune
function & blood cells

180 Capsules

\$59⁹⁹



CANPREV Pro-Biotik 15B

Helps restore natural gut
flora, Shelf stable with a
minimum 15 Billion CFU

60 Capsules

\$29⁹⁹



CANPREV Adrenal Chill

Reduces cortisol, stress
and anxiety. Supports
sexual health

90 Capsules

\$29⁹⁹



CANPREV NAC+

600 mg of N-Acetyl-
L-Cysteine for cellular
support and protection

120 Capsules

\$26⁹⁹

SAVE
\$5⁰⁰



SALUS Floradix Formula

Essential for the delivery
of oxygen to every cell in
the body

500ml

\$41⁹⁹



SALUS Floravit

Provides iron, an
essential nutrient that
is responsible for the
delivery of oxygen to cells

250ml

\$25⁹⁹



SALUS Calcium Magnesium

Builds and maintains
healthy bones and teeth

500ml

\$39⁹⁹



NOW D-Mannose 500mg

Supports urinary tract
health and reduces the
risk of recurrent UTIs

120 Capsules

\$32⁹⁹



LIVING ALCHEMY Women's Iron Alive

Helps prevent iron-
deficient anemia

60 Capsules

\$34⁹⁹



LIFE CHOICE Thyrodine

Helps in the thyroid
glands functions

60 Capsules

\$50⁹⁹



SUKU Complete Kids Multivitamin

Essential vitamins,
minerals and prebiotic
soluble fiber

60 Capsules

\$23⁹⁹

SAVE
20%



NOW Ashwagandha

Helps the body adapt
to temporary normal
stress. May also support a
healthy immune system

90 Capsules

\$19⁹⁹



NAKA Pure Castor Oil

For skin, hair and body
conditioner. 100% pure &
certified organic

300ml

\$13⁹⁹



Bonus Size

NAKA Berberine 500mg

Supports bloodsugar
metabolism and
cardiovascular health

150 Capsules

\$45⁹⁹

BONUS
SIZE



Bonus Size

NAKA Liposomal C1000

Powerful antioxidant and
helps boost immunity

750ml

\$43⁹⁹

BONUS
SIZE



NOW Super Enzymes

Aids in digestions by
breaking down protein,
fats & carbs

90 Capsules

\$26⁹⁹



SAVE 21%

PROGRESSIVE Multi Men's or Women's 50+ 120 Capsules

Addresses the needs of an aging body

\$42⁹⁹



SMART SOLUTIONS Menosmart+ 120 Capsules

Helps to relieve symptoms associated with menopause

\$32⁹⁹



ENEREX Serrapeptase 120,000 SU 180 Capsules

Combats inflammatory disorders & manages pain

\$45⁹⁹



SAVE 20%

FLORA Organic Flax Oil 500ml

Provides both omega-3 and omega-6 EFAs

\$18⁹⁹



HEALTHOLOGY Sleep-Great Formula 60 Capsules

Helps you fall asleep quickly, stay asleep and achieve restful sleep

\$35⁹⁹



HEALTHOLOGY Stress-Fx Formula 60 Capsules

Lower cortisol levels and promotes calmness and relaxation

\$33⁹⁹



BELL Clear Skin II 90 Softgels

Helps nourish skin and address various skin issues including psoriasis and eczema

\$33⁹⁹



BELL Blood Sugar Metabolism 60 Capsules

Provides support for healthy glucose metabolism

\$31⁹⁹



NEW NORDIC Turmeric Gummies 60 Gummies

Works as an anti-inflammatory to help relieve joint pain

\$22⁹⁹



SURO Breathe 236ml

Provides relief from seasonal allergies, sinus and chest congestion

\$18⁹⁹



ORGANIKA Enhanced Collagen 500g

From healthy hair, glowing skin and strong nails to gut and joint health

\$44⁹⁹



ST. FRANCIS Mullein Tincture 100ml

Get relief from mucous, congestion, coughs and bronchitis

\$30⁹⁹



NASOL Nasal Spray 30ml

Near instant relief from sinus congestion, allergies and chronic migraine headaches

\$24⁹⁹



HOST DEFENSE Lion's Mane 60 Capsules

Promotes mental clarity, focus, and memory

\$47⁹⁹



NIA PURE NATURE Moringa Leaf Powder 227g

Highly nutritious with essential vitamins, minerals, and antioxidants

\$31⁹⁹



SYNERGY HOLISTICS Liver Synergy 120 Capsules

Liver health supplement for liver detox cleanse and support

\$39⁹⁹



BONUS SIZE

Bonus Size

NATURAL FACTORS Vitamin K2 100mcg

360 Capsules

\$37⁹⁹

Helps in the normal development of bones and teeth



NATURAL FACTORS BioCgel

210 Softgels

\$33⁹⁹

Helps in the development and maintenance of bones, cartilage, & teeth



BONUS SIZE

Bonus Size

NATURAL FACTORS Calcium & Magnesium Citrate with D3

210 Tablets

\$25⁹⁹

Promotes strong bones and teeth



BONUS SIZE

Bonus Size

NATURAL FACTORS Milk Thistle 150g

120 Capsules

\$25⁹⁹

Protects liver health & supports detoxification



NATURAL FACTORS Double Strength Theracurmin

120 Capsules

\$79⁹⁹

Supports a healthy inflammatory response



NATURAL FACTORS Melatonin 10mg

90 Tablets

\$19⁹⁹

Addresses sleep disturbances and re-establishes sleep patterns



NATURAL FACTORS Phosphatidylserine 100mg

30 Capsules

\$24⁹⁹

Helps prevent age-related memory loss & supports cognitive function



NATURAL FACTORS Regenerlife Cognisave

30 Packets

\$98⁹⁹

Provides comprehensive daily support for the aging brain



SAVE 30%

Featured Article:

Building Bones

NATURAL FACTORS Total Body Collagen - All Varieties & Sizes

Made with a synergistic formula that contains Verisol collagen, which has been shown to help reduce eye wrinkles within 4 weeks, reduce fine facial lines, increase skin elasticity and increase skin density

All Sizes

30% OFF



WHOLE EARTH & SEA Herring Gold 1000mg

60 Softgels

\$50⁹⁹

Supports brain health, cognitive function, and cardiovascular health



WHOLE EARTH & SEA Men's & Women's Multivitamins

120 Tablets

\$69⁹⁹

For the nutritional needs of men & women



NUTRASEA Omega-3 DHA Liquid Gels

For the maintenance of good health; 800 mg of DHA + 400 mg EPA

60 Softgels
\$29⁹⁹



NUTRASEA Omega-3 High DHA Liquid

For the maintenance of good health; 1000 mg DHA + 500 mg EPA

200ml
\$29⁹⁹



NUTRASEA Dry Eye Liquid Formula

Helps relieve the symptoms of dry eye syndrome

120 Softgels
\$46⁹⁹



NUTRASEA Dry Eye Liquid Formula

Helps relieve the symptoms of dry eye syndrome

200ml
\$46⁹⁹



SAVE 28%

NATURE'S WAY Ashwagandha

Used as an adaptogen to help increase energy and resistance to stress. Traditionally used in Ayurveda as a sleep aid and for memory enhancement

60 Capsules
\$28⁹⁹



Select Varieties

EARTH MAMA Teas

All formulated to safely address common issues experienced during motherhood

16 Tea Bags
\$7⁹⁹



All Varieties

YOGI Tea

Delicious taste and a healthful benefit in mind

16 Tea Bags
\$6⁹⁹



DOMO Pure Japanese Matcha

Sugar-free and consists of 100% pure Japanese matcha

60g
\$19⁹⁹



All Varieties

ORGANIC TRADITIONS Mushroom Coffee

Delicious coffee alternative that will power you through your day

100g - 140g
\$17⁹⁹



Select Varieties

AMY'S Burritos

Dairy free, soy free, lactose free, corn free, nut free, vegan, kosher and plant-based

170g
\$4⁹⁹



All Varieties

FARMER'S MARKET Pumpkin Puree

Sustainably & organically grown

398ml
\$4⁹⁹



NATURE'S WAY Coconut Oil

Use for cooking, baking, sautéing or in salad dressings, sauces, or dips

300ml
\$16⁹⁹



All Varieties

YESHI Dressing & Dip

Nutritional yeast is the base ingredient, Has a creamy texture and is nutrient dense

350ml
\$7⁹⁹



SAVE
20%

Keto-Friendly

ANS Ketovita
 Enhance physical and mental energy for performance

232g - 237g
\$52⁹⁹



NOW Whole Psyllium Husks
 Excellent Source of Fiber, 6 grams of soluble fiber per serving

454g
\$23⁹⁹



Select Varieties

KASLO Sourdough Pasta
 Exceptional flavour, superior texture and digestive properties

454g
\$8⁹⁹



Salted or Unsalted

L'ANCÊTRE Butter
 An organic pasture butter made with a single ingredient: organic fresh cream

454g
\$14⁹⁹



Keto-Friendly All Varieties

FARM GIRL Nut Based Cereal
 A healthy and satisfying way to start your day

280g
\$10⁹⁹



All Varieties

MITCHELL'S SOUP CO. Soup Mixes
 Hearty, dried meals with a fraction of the prep time

Each
\$9⁹⁹



All Varieties

HONEY STINGER Energy Chews
 Formulated specifically for health-conscious individuals and athletes

50g
\$2⁹⁹



SAVE
25%

LILY OF THE DESERT Aloe Vera Juice or Gel
 Supports your gut health & immune health

946ml
\$11⁹⁹



SMART BITE Fit Figure Rice Snacks
 No junk, no additives, only high quality, whole food ingredients

120g
\$2⁹⁹



All Varieties

LILYS Chocolate Bars
 Rich and creamy chocolate style bars with no sugar added

85g
\$6⁴⁹



SAVE
16%

HORNBY Energy Bars
 These energy bars start with the same three certified organic ingredients, gluten-free rolled oats, nut or seed butter and honey

80g
\$2⁹⁹



All Varieties

DJ & A Crispy Vegetables
 Contains no added MSG and no genetically modified vegetables

45g - 100g
\$4⁹⁹



PATIENCE Organic Cranberry Juice
 No added water or sugar


946ml
\$9⁹⁹



**LITTLE NORTHERN
BAKEHOUSE Bread**

482g - 567g
\$7⁹⁹

Allergy-friendly, egg and dairy free and Non-GMO Project Verified



**Enjoy Life
Chocolate Chips**

All Varieties Gluten-Free

283g
\$7⁹⁹

Free-from 14 common allergens



**FARMING KARMA
Soda**

All Varieties

285ml
\$1⁹⁹

Made with natural ingredients and no added sugars

SAVE 23%



**ONEKA Shampoo or
Conditioner**

All Varieties

500ml
\$13⁹⁹

Crafted from organic plants & combined with essential oils



**PURE CREATIONS
Triple Hydration
Day Cream**

30g
\$28⁹⁹

Provides deep hydration



**GEORGE'S Special
Dry Skin Cream**

30g
\$4⁹⁹

450g
\$19⁹⁹

Provides immediate long-lasting relief for even severely dry skin



**ATTITUDE
Laundry Detergent**

2L
\$12⁹⁹

Made with plant based ingredients, keep your clothes fresh and clean



**THE SOAP WORKS
Bar Soaps**

110g
\$1⁹⁹

Pure, natural, and packaging-free



Never Miss A Deal Again!

Sign Up To Receive Our Monthly Flyer By Email

Nutters has reduced the number of printed flyers we send - we're working to save you money while also saving important natural resources.



**Scan to Receive Flyer
Deals Every Month**

www.nutters.com/email-signup



NEW AT NUTTERS

Honey Stinger Energy Chews

Sports nutrition tailored to every athletes needs using natural sweeteners like honey for taste and performance. Quick, portable fuel in a variety of flavours including Cherry and Orange to keep you energized and satisfied



Orange + Cherry Flavours



NEW AT NUTTERS

Prana – Bean & Nut Snacks

Montreal's Prana makes snacking tasty but also healthy. Check out Bean Me Up, a crunchy collection of flavoured bean and snack mixes, boasting 12 grams of protein per serving.



Certified Organic



NEW AT NUTTERS

Flourish – Protein Mug Cake Mixes

Protein Mug Cakes are perfect for breakfasts on the go with 23 grams of protein and 7 grams of fibre per serving. Add water to the blueberry or apple cinnamon varieties and microwave for 90 seconds for a flavourful, low sugar breakfast.



Blueberry or Maple Cinnamon



NEW AT NUTTERS

Blume Super Belly Packets

Super Belly combines the love of superfoods with prebiotics, apple cider vinegar and science backed probiotic BC30 contributing to a healthy gut flora. Super Belly focuses on 2 foundations – Gut and Hydration.



3 different delicious flavours



“ Grandma Irene’s Hot Cross Buns ”

PREP: 3 hours COOK: 15 mins SERVINGS: 30

INGREDIENTS

- 3 cups milk
 - 4 tbsp: melted butter
 - 4 tbsp sugar
 - 1 tsp salt
- 1 cup lukewarm water
 - 1 package dry active yeast (or 1 tbsp)
 - 1 tsp. sugar
 - 2 tsp cinnamon
- 6-8 cups flour
 - 2 cups Nutters regular fruit mix

DIRECTIONS

1. Heat the milk but do not boil. Melt the butter and combine with milk, sugar and salt. Let cool until lukewarm. In a separate bowl mix lukewarm water, dry active yeast, sugar, and cinnamon. Let stand for 15 minutes then add to the milk mixture. Add 6-8 cups of flour and 2 cups of Nutters regular fruit mix.
2. Knead until firm. Grease a bowl twice the size of the dough. Grease the top of the dough and let it rise until double in size.
3. Form into buns; put a cross on each bun with bun dough and brush with egg whites (beat with fork). Let rise until double in size.
4. Bake for 15 minutes at 375°F. Yields approximately 30 buns. Glaze buns after they are cooled.



NUTTERS
White Sugar
500g

20% OFF



NUTTERS
Yellow Sugar
1kg or 2kg

20% OFF



NUTTERS
Organic Cane Sugar
500g

20% OFF

SAVE 21%

Keto-Friendly Gluten-Free

NUTTERS
Ground Almond Flour
500g

500g
\$10⁹⁹

SAVE 21%

NUTTERS
All Purpose Flour
2kg

2kg
\$5⁴⁹

SAVE 22%

Organic

NUTTERS
Organic Coconut Flour
1kg

1kg
\$6⁹⁹

SAVE 17%

Organic

NUTTERS
Organic Unbleached White Flour
2kg

2kg
\$18⁹⁹

SAVE 20%

Organic

NUTTERS
Organic Buckwheat Flour
1kg

1kg
\$11⁹⁹

SAVE 20%

NUTTERS
Dry Active Yeast
250g

250g
\$7⁹⁹

SAVE 18%

NUTTERS
Regular Fruit Mix
400g

400g
\$8⁹⁹

SAVE 17%

NUTTERS
Dried Cranberries
250g

250g
\$4⁵⁹

SAVE 18%

NUTTERS
Dried Apricots
500g

500g
\$8⁹⁹

SAVE 16%

Organic

NUTTERS
Organic Dark Thompson Raisins
750g

750g
\$9⁹⁹



SAVE
20%

NUTTERS
Psyllium Husks
250g

250g

\$11.99



SAVE
25%

NUTTERS
Quick or Regular Oats
1.75kg

1.75kg

\$5.99



SAVE
28%

NUTTERS
Organic Quick or Regular Oats
1kg

1kg

\$4.99





SUPPORTS DIGESTIVE HEALTH



SUPPORTS HEART HEALTH



BOOSTS IMMUNITY



REGULATES BLOOD SUGAR



HELPS IN WEIGHT MANAGEMENT



NUTTERS
Whole Natural Almonds
Bulk

100g

\$1.89



FOLEY'S
Milk or Dark Chocolate Covered Almonds
Bulk

100g

\$2.59



FOLEY'S
Dark Chocolate Chips
Bulk

100g

\$1.99



NUTTERS
Organic Pumpkin Seeds
Bulk

100g

\$1.19



SAVE
28%

NUTTERS
Raspberry Leaf Tea
100g

100g

\$4.99



SAVE
18%

NUTTERS
Light Cocoa Powder
400g

400g

\$12.99



SAVE
15%

NUTTERS
Dark Cocoa Powder
400g

400g

\$16.99



SAVE
20%

NUTTERS
Organic Popcorn
1kg

1kg

\$7.99



SAVE
18%

NUTTERS
Raw Cashews
450g

450g

\$12.99



SAVE
18%

NUTTERS
Raw Brazil Nuts
450g

450g

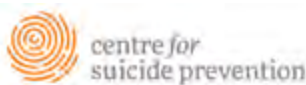
\$17.99

ALL THINGS NATURAL, SPECIALTY & WELLNESS

A CALL
TO BE
KIND

JOIN THE CAUSE,
SUPPORT MENTAL
HEALTH SERVICES!

Coming May 2025



Nutters is proud to be partnering with the CMHA again this year for our annual **Round Up for Mental Health!** Throughout the month of May, you can choose to round up your purchase to the nearest dollar (or more, if you wish!) and your donated dollars and cents will help fund local supports offered by the Canadian Mental Health Association in our Nutters communities.

Participating Locations

MARCH 13 - 22, 2025

NuttersNatural

ALBERTA

Airdrie
#102, 400 Main St NE • 403.948.6354

Camrose
4964-50 St • 780.672.8685

Canmore
900 Railway Ave • 403.678.3335

Cochrane
2137 - 239 Griffin Road E • 403.996.2960

Jasper
622 Patricia St • 780.852.5844

Lethbridge
#102, 920 2nd Ave "A" N • 403.329.3100

Lloydminster
3106-50 Ave • 780.875.4617

Medicine Hat
#107, 1601 Dunmore Rd SE • 403.529.1664

Okotoks
900 Village Lane • 403.938.1740

Red Deer
20A, 5250-22 St • 403.347.4211

Rocky Mountain House
5037A-50 St • 403.845.2225

Sylvan Lake
#250 49 Hinshaw Dr • 403.858.1314

SASKATCHEWAN

Estevan
1295 - 400 King St • 306.634.9577

Melfort
102 McKendry Ave W • 306.752.1900

Moose Jaw
605B Main St N • 306.694.0111

North Battleford
#5 - 11204 Railway Ave E • 306.446.3666

Saskatoon
835A Broadway Ave • 306.934.8385

Swift Current
1A, 306 Central Ave N • 306.773.6560

BRITISH COLUMBIA

Cranbrook
1107 Baker Street • 250.426.5519

Creston
127 10th Ave N • 250.428.7700

Kamloops
440 Seymour St • 236.425.0669



DISCOUNTS NOTED ARE TAKEN OFF THE REGULAR PRICE

During this sale, Nutters stores will make every effort to supply sufficient merchandise to meet your needs. Due to floor space limitations some of the advertised items may not be available in all locations. We reserve the right to limit quantities. Product descriptions and articles are meant for informational purposes only. You should always seek prompt medical care for any specific health issue and consult a physician before starting a particular health or fitness regimen.